



RADIESSE

PRE AND POST CARE

PRE-TREATMENT CARE:

- To reduce your risk of bruising, avoid the following for 1-week pre/post treatment: NSAIDS, aspirin, garlic supplements, ginkgo biloba, green tea, flax & cod liver oil, essential fatty acids, vitamins A & E.
- To reduce your risk of bruising, avoid alcohol for 24 hours.
- To reduce your risk of bruising, take Arnica tablets 3 days pre-treatment.
- Inform your RENU provider if you have a history of cold sores. You may be advised to take an antiviral medication 2 days pre/post treatment.
- No dental work 2-weeks pre/post treatment.
- No vaccinations 2-weeks pre/post treatment.
- If you are on prescription antibiotics or steroids, you must wait 2-weeks after the completion of your antibiotics/steroids.
- Arrive to your appointment free of make-up.

POST-TREATMENT CARE:

- You may experience moderate swelling, redness, bruising. Arnica tablets help reduce these anticipated reactions.
- Tylenol relieves mild tenderness/discomfort. Avoid NSAIDS for 1-week.
- Avoid strenuous exercise and alcohol for 24 hours to minimize bruising.
- Avoid wearing makeup for 24 hours.
- Stay well hydrated.
- Contact your RENU provider immediately if you notice an isolated cold area on your skin or unusual discoloration (i.e., white/opaque patches).
- Radiesse can be used as a filler or for stimulating collagen. When used for stimulating collagen, it is advisable to undergo a series of 2-3 treatments, 4-6 weeks apart.

If you have any questions before or after your treatment, email us at info@renuaesthetic.com or call/text us at 541-218-3370. Thank you for choosing RENU Aesthetics!