IV HYDRATION
PRE AND POST CARE

PRE-TREATMENT CARE:

- Discuss your medication, allergies, and medical diagnoses with your RENUprovider.
- Please inform your RENU provider if you could be pregnant, have a bleedingdisorder, heart, kidney, or liver disease, or are experiencing shortness ofbreath/chest pain.
- Women who are pregnant or breast feeding cannot receive IV therapy.
- Do not take additional vitamin/mineral supplements 48 hours prior to treatment.
- Take your prescribed medications as usual.
- Please allow 60+ minutes for your IV treatment to infuse comfortably.
- Wear loose, comfortable clothes that allow for access to your arms.
- Stay hydrated and limit caffeine, alcohol, and tea 24 hours before treatment.These beverages can lead to dehydration making IV placement difficult.
- Have something to eat prior to treatment. IV vitamins & minerals can lower your blood sugar temporarily, which may make you feel lightheaded.

POST-TREATMENT CARE:

- IV therapy delivers high doses of vitamins, mineral, antioxidants, & amino acids directly into the blood stream that readily cross the cell membrane to kick-start cellular metabolism. After your first few IV treatments, you may experience mild fatigue, headache, nausea, or light-headedness as your body works to clear stored metabolic waste products.
- Stay hydrated and well-nourished.
- Continue with your daily activities, including exercise.
- To prevent bruising, leave the bandage in place for one hour after treatment.
- You may experience tenderness at the IV injection site following treatment. If you notice increased redness, pain, warmth, or swelling please call RENU.
- If you experience mild hives please call RENU.
- If you experience diffuse hives, chest pain, shortness of breath, severe headaches,or difficulty swallowing call 911 or report to the ER immediately.
- IV therapy can be repeated every 2 weeks.

If you have any questions before or after your treatment, email us at info@renuaesthetic.com or call/text us at 541-218-3370. Thank you for choosing RENU Aesthetics!